## Team BC U19 & U15 Women's Field Nationals - Calgary, AB



Team BC U15 Women's Field Lacrosse Team - Calgery, Alberta

## Team BC U19 & U15 Women Field at Nats

The Team BC Women's Field U19 and U15 teams travelled to the CLA U19 and U15 Women's Field Invitational Nationals in Calgary, AB.

The Team BC U19 and U15 Women's Field Lacrosse teams boarded their buses for a smoky Calgary to compete outdoors at the CLA U19 and U15 Women's Field Lacrosse Invitational National Tournament, August 18-19, 2018, at the Calgary Soccer Centre. Team BC U19's had a 1 win and 3 loss record and were outscored by their opponents 41-16. Game scores were: an 11-2 loss to Ontario, an 8-7 win over Alberta and a 12-3 loss to Ontario. The final game was an 11-3 loss to Alberta.

"The U19 girls had a tough National tournament -- our conditioning really showed and one weekend of preparations was not enough," noted Head Coach Dan Stroup. Alberta and Ontario were very good coming off their field season. It was a great learning experience for our girls reminding them that conditioning needs to be done on their own as well. The positives are the girls agree that it wasn't their best effort and are working very hard on their conditioning and competing hard at practices. I wouldn't want to be the next team to play them."

The Team BC U15 team, on the other hand, may have surprised themselves and competed at a raised level of expectations. Every game was very close!

Team BC U15's had a 2 win and 2 loss record and were outscored by their opponents 28-26. Game scores were: a 9-6 see-saw battle loss to Ontario in the opener, and two 6-5 wins over Alberta and Ontario respectively.

BC met Ontario in a crazy gold medal game. BC opened the scoring early, but the score went back and forth until Ontario went on a four goal run late and closed the half with a 7-2 lead. After making some player adjustments at the draw circle and tightening up our break out and offensive ball control, the U15's went on a 5-1 run and tied the game up 8-8. Unfortunately it came down to who was going to control the ball last, and with 30 seconds left in the game, Ontario scored the go ahead goal to win the gold 9-8.

"We were very pleased with the efforts of the players in rallying so well, and almost completing the comeback," mentioned Head Coach Fred Jenner. "It exemplified how well these girls came together through the tournament with only three practices together."

Another bright light on the program is with the addition of Team BC alumni coming back to the program and coaching the athletes. Ashley Bull (Canisius) and Danita Stroup (Northwestern) assisted Dan Stroup with the U19 team and Selena Lasota (Northwestern) assisted Fred Jenner with the U15 team.

Team BC Field Co-ordinator, Reynold Comeault was pleased with the competitions, but knows there is a lot of work ahead of these athletes. The U15 and U19 teams attended Calgary with an expectation of success.

"Our U19 battled hard but fell to a very energetic and hard-working team from Alberta keeping us out of the Gold game," explained Comeault. "The coaches and players weren't exceptionally pleased with the result but felt good about the progress our team made through the training sessions. Our U15 team fell to Ontario in the gold medal game in the final minute. The players battled an older Ontario team and left everything on the field."